

Morristown High School

Welcome to our
Lunch Cafe

1/3/2022 - 1/7/2022

Monday

Ham & Cheese Sandwich 
Turkey & Cheese Sandwich

Tuesday

Ham & Cheese Sandwich 
Turkey & Cheese Sandwich

Wednesday

Ham & Cheese Sandwich 
Turkey & Cheese Sandwich

Thursday

Ham & Cheese Sandwich 
Turkey & Cheese Sandwich

Friday

Ham & Cheese Sandwich 
Turkey & Cheese Sandwich





Cheeseburger
Classic Beef Burger
Beef Hot Dog on Bun
Spicy Chicken Sandwich
Crispy Chicken Sandwich
Oven Baked Fries



Cheeseburger
Classic Beef Burger
Oven Baked Fries
Beef Hot Dog on Bun
Spicy Chicken Sandwich



Cheeseburger
Classic Beef Burger
Oven Baked Fries
Beef Hot Dog on Bun
Spicy Chicken Sandwich



Cheeseburger
Classic Beef Burger
Oven Baked Fries
Beef Hot Dog on Bun
Spicy Chicken Sandwich



Cheeseburger
Classic Beef Burger
Oven Baked Fries
Beef Hot Dog on Bun
Spicy Chicken Sandwich

Cheese Pizza
fresh pizza dough layered
with tomato sauce,
topped with cheese and
baked until crisp  

Cheese Pizza
fresh pizza dough layered
with tomato sauce,
topped with cheese and
baked until crisp  


Cheese Pizza
fresh pizza dough layered
with tomato sauce,
topped with cheese and
baked until crisp  

Cheese Pizza
fresh pizza dough layered
with tomato sauce,
topped with cheese and
baked until crisp  


Cheese Pizza
fresh pizza dough layered
with tomato sauce,
topped with cheese and
baked until crisp  

Barbecue Rib Sandwich
warm BBQ rib patty on a
bun prepared in-house

Chicken Drumstick
Doubles
baked chicken pieces

Mozzarella Sticks
crispy mozzarella sticks
filled with gooey cheese,
perfect for dipping into
your favorite sauce 

Chicken Fajita Wrap
seasoned chicken with
sauteed onions and
peppers topped with
tomato, lettuce, and
cheese on a tortilla
prepared in-house 

Nachos with Cheese
creamy cheese layered
over a bed of nachos 

Cucumber Coins
Sweet Corn
Sliced Pears
Fresh Apple

Tomatoes
Sliced Pears
Fresh Apple

Cucumber Coins
Romaine Lettuce
Sliced Pears
Fresh Apple

Cucumber Coins
Chickpea Salad
Fresh Grapes
Cinnamon Applesauce

Celery
Romaine Lettuce
Diced Peach Cup
Fresh Orange

Chicken Caesar Wrap 
Buffalo Chicken Wrap 
Chicken Delight Wrap
Peanut Butter & Jelly Sandwich 

Chicken Caesar Wrap 
Buffalo Chicken Wrap 
Chicken Delight Wrap
Peanut Butter & Jelly Sandwich 

Chicken Caesar Wrap 
Buffalo Chicken Wrap 
Chicken Delight Wrap
Peanut Butter & Jelly Sandwich 

Chicken Caesar Wrap 
Buffalo Chicken Wrap 
Chicken Delight Wrap
Peanut Butter & Jelly Sandwich 

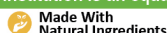
Chicken Caesar Wrap 
Buffalo Chicken Wrap 
Chicken Delight Wrap
Peanut Butter & Jelly Sandwich 



Whitsons is Simply Rooted® in food and family, and our menus are nutritious and flavorful. Check out our mobile menu at www.FDMealPlanner.com or download FD MealPlanner free of charge, from the App Store or Google Play, and view your menu on your mobile device anywhere.



The USDA has approved FREE breakfast and lunch for all students attending schools on the NSLP/SBP for the 2021-2022 school year. Menu selections may vary from those on the menu due to the COVID related impact on production, distribution and delivery. All lunches include a meat or meat alternate, choice of fruit, choice of vegetable, choice of 1%, fat free or flavored milk & a grain. ****Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions. Menu is subject to change, notice posted when available. This institution is an equal opportunity provider.



Morristown High School

Welcome to our
Lunch Cafe

1/10/2022 - 1/14/2022

Monday

Turkey & Cheese
Sandwich
Ham & Cheese
Sandwich 

Tuesday

Turkey & Cheese
Sandwich
Ham & Cheese
Sandwich 


Wednesday

Turkey & Cheese
Sandwich
Ham & Cheese
Sandwich 

Thursday

Turkey & Cheese
Sandwich
Ham & Cheese
Sandwich 

Friday

Turkey & Cheese
Sandwich
Ham & Cheese
Sandwich 



Cheeseburger
Classic Beef Burger
Oven Baked Fries
Beef Hot Dog on Bun
Crispy Chicken
Sandwich
Spicy Chicken
Sandwich

Classic Beef Burger
Cheeseburger
Oven Baked Fries
Beef Hot Dog on Bun
Crispy Chicken
Sandwich
Spicy Chicken
Sandwich



Classic Beef Burger
Cheeseburger
Crispy Chicken
Sandwich
Spicy Chicken
Sandwich
Beef Hot Dog on Bun
Oven Baked Fries



Classic Beef Burger



Cheeseburger
Oven Baked Fries
Beef Hot Dog on Bun
Crispy Chicken
Sandwich
Spicy Chicken
Sandwich



Classic Beef Burger



Cheeseburger
Oven Baked Fries
Beef Hot Dog on Bun
Crispy Chicken
Sandwich
Spicy Chicken
Sandwich

Cheese Pizza
fresh pizza dough layered
with tomato sauce,
topped with cheese and
baked until crisp  

Cheese Pizza
fresh pizza dough layered
with tomato sauce,
topped with cheese and
baked until crisp  


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topped with cheese and
baked until crisp  

Cheese Pizza
fresh pizza dough layered
with tomato sauce,
topped with cheese and
baked until crisp  



Cheese Pizza
fresh pizza dough layered
with tomato sauce,
topped with cheese and
baked until crisp  

Barbecue Rib
Sandwich
warm BBQ rib patty on a
bun prepared in-house

Chicken Drumstick
Doubles
baked chicken pieces

Mozzarella Sticks
crispy mozzarella sticks
filled with gooey cheese,
perfect for dipping into
your favorite sauce 

Buffalo Chicken
Tenders
Buffalo chicken tenders
with carrot and celery
sticks 

Meatball Hero
freshly baked meatballs
mixed in a rich tomato
sauce inside a soft roll
topped with melted
mozzarella  

Sweet Corn
Cucumber Coins
Fresh Grapes
Diced Pear Cup

Tomatoes
Fresh Red Delicious
Apple
Sliced Peaches

Shredded Carrots
Romaine Lettuce
Fresh Orange
Sliced Pears

Chickpea Salad
Fresh Grapes
Cucumber Coins
Diced Pear Cup

Celery
Romaine Lettuce
Diced Peach Cup
Fresh Apple

Fruity Parfait  


Buffalo Chicken
Wrap 
Chicken Delight Wrap
Peanut Butter & Jelly
Sandwich 

Chicken Caesar
Wrap 
Buffalo Chicken
Wrap 
Chicken Delight Wrap
Peanut Butter & Jelly
Sandwich 

Fruity Parfait  

Buffalo Chicken
Wrap 
Chicken Delight Wrap
Peanut Butter & Jelly
Sandwich 

Chicken Caesar
Wrap 
Buffalo Chicken
Wrap 
Chicken Delight Wrap
Peanut Butter & Jelly
Sandwich 

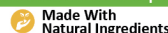
Chicken Caesar
Wrap 
Buffalo Chicken
Wrap 
Chicken Delight Wrap
Peanut Butter & Jelly
Sandwich 



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GRAB AND GO
ORGANIC YOGURT
PARFAIT
W/ FRUIT & GRANOLA
PEANUT BUTTER & JELLY
UNCRUSTED PIZZA
CHEESE STICKS

Morristown High School

Welcome to our
Lunch Cafe

1/17/2022 - 1/21/2022

Monday


Tuesday


Wednesday

Thursday


Friday



Ham & Cheese Sandwich 
Turkey & Cheese Sandwich

Ham & Cheese Sandwich 
Turkey & Cheese Sandwich

Ham & Cheese Sandwich 
Turkey & Cheese Sandwich

Turkey & Cheese Sandwich
Ham & Cheese Sandwich 





Classic Beef Burger 
Cheeseburger
Oven Baked Fries
Beef Hot Dog on Bun
Spicy Chicken Sandwich



Classic Beef Burger 
Cheeseburger
Oven Baked Fries
Beef Hot Dog on Bun
Spicy Chicken Sandwich



Classic Beef Burger
Cheeseburger
Oven Baked Fries
Beef Hot Dog on Bun
Spicy Chicken Sandwich



Classic Beef Burger 
Cheeseburger
Oven Baked Fries
Beef Hot Dog on Bun
Spicy Chicken Sandwich



Cheese Pizza
fresh pizza dough layered with tomato sauce, topped with cheese and baked until crisp  


Cheese Pizza
fresh pizza dough layered with tomato sauce, topped with cheese and baked until crisp  


Cheese Pizza
fresh pizza dough layered with tomato sauce, topped with cheese and baked until crisp  

Cheese Pizza
fresh pizza dough layered with tomato sauce, topped with cheese and baked until crisp  



Chicken Drumstick Doubles
baked chicken pieces
Dinner Roll

Nachos with Cheese
creamy cheese layered over a bed of nachos 

Chicken Fajita Wrap
seasoned chicken with sauteed onions and peppers topped with tomato, lettuce, and cheese on a tortilla prepared in-house 

Buffalo Chicken Tenders
Buffalo chicken tenders with carrot and celery sticks 
Dinner Roll



Baby Carrots
Cucumber Coins
Fresh Red Delicious Apple
Diced Pear Cup
Tomatoes

Romaine Lettuce
Carrot Sticks
Cinnamon Applesauce
Fresh Peaches

Cucumber Coins
Chickpea Salad
Fresh Grapes
Sliced Peaches

Romaine Lettuce
Cucumber Coins
Diced Peach Cup
Fresh Pear



Fruity Parfait  

Buffalo Chicken Wrap 
Chicken Delight Wrap
Peanut Butter & Jelly Sandwich 

Fruity Parfait  

Buffalo Chicken Wrap 
Chicken Delight Wrap
Peanut Butter & Jelly Sandwich 

Chicken Caesar Wrap 
Buffalo Chicken Wrap 
Chicken Delight Wrap
Peanut Butter & Jelly Sandwich 

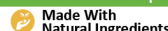
Chicken Caesar Wrap 
Buffalo Chicken Wrap 
Chicken Delight Wrap
Peanut Butter & Jelly Sandwich 



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Morristown High School

Welcome to our
Lunch Cafe

1/24/2022 - 1/28/2022

	Monday	Tuesday	Wednesday	Thursday	Friday
	Turkey & Cheese Sandwich Ham & Cheese Sandwich 	Ham & Cheese Sandwich  Turkey & Cheese Sandwich	Turkey & Cheese Sandwich Ham & Cheese Sandwich 	Turkey & Cheese Sandwich Ham & Cheese Sandwich 	Turkey & Cheese Sandwich Ham & Cheese Sandwich 
	Classic Beef Burger  Beef Hot Dog on Bun Spicy Chicken Sandwich Cheeseburger Oven Baked Fries	Classic Beef Burger  Beef Hot Dog on Bun juicy beef hot dog on a soft bun Spicy Chicken Sandwich	Classic Beef Burger  Beef Hot Dog on Bun juicy beef hot dog on a soft bun Spicy Chicken Sandwich	Classic Beef Burger  Beef Hot Dog on Bun juicy beef hot dog on a soft bun Spicy Chicken Sandwich	Classic Beef Burger  Beef Hot Dog on Bun juicy beef hot dog on a soft bun Spicy Chicken Sandwich
	Cheese Pizza fresh pizza dough layered with tomato sauce, topped with cheese and baked until crisp  	Cheese Pizza fresh pizza dough layered with tomato sauce, topped with cheese and baked until crisp  	Cheese Pizza fresh pizza dough layered with tomato sauce, topped with cheese and baked until crisp  	Cheese Pizza fresh pizza dough layered with tomato sauce, topped with cheese and baked until crisp  	Cheese Pizza fresh pizza dough layered with tomato sauce, topped with cheese and baked until crisp  
	Barbecue Rib Sandwich warm BBQ rib patty on a bun prepared in-house	Chicken Drumstick Doubles baked chicken pieces	Mozzarella Sticks crispy mozzarella sticks filled with gooey cheese, perfect for dipping into your favorite sauce 	Chicken Fajita Wrap seasoned chicken with sauteed onions and peppers topped with tomato, lettuce, and cheese on a tortilla prepared in-house 	Meatball Hero freshly baked meatballs mixed in a rich tomato sauce inside a soft roll topped with melted mozzarella  
	Cucumber Coins Sweet Corn Fresh Grapes Diced Pear Cup	Tomatoes Diced Pear Cup Fresh Banana	Cucumber Coins Fresh Banana Cinnamon Applesauce	Cucumber Coins Chickpea Salad Fresh Grapes Sliced Peaches	Cucumber Coins Romaine Lettuce Fresh Grapes Sliced Peaches
	Fruity Parfait    Buffalo Chicken Wrap  Chicken Delight Wrap Peanut Butter & Jelly Sandwich  Chicken Delight Wrap Peanut Butter & Jelly Sandwich 	Buffalo Chicken Wrap  Chicken Delight Wrap Peanut Butter & Jelly Sandwich  Fruity Parfait vanilla yogurt topped with	Buffalo Chicken Wrap  Chicken Delight Wrap Peanut Butter & Jelly Sandwich  Fruity Parfait vanilla yogurt topped with	Buffalo Chicken Wrap  Chicken Delight Wrap Peanut Butter & Jelly Sandwich  Fruity Parfait vanilla yogurt topped with	Buffalo Chicken Wrap  Chicken Delight Wrap Peanut Butter & Jelly Sandwich  Fruity Parfait vanilla yogurt topped with

CHECK THE CAFE FOR OUR
NEW YARD BIRD SPECIALS



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Morristown High School

*Welcome to our
Lunch Cafe*

1/31/2022 - 1/31/2022

Monday

Tuesday

Wednesday

Thursday

Friday



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